



BREWING UP 6 Perks About Coffee

MGIC

10

IT ONLY TAKES
10 MINUTES
to feel the effects of caffeine after you take a sip of coffee

-Source: policymic.com

Coffee was born in

800 AD

GOAT HERDERS
in **ETHIOPIA**

noticed the affect caffeine had on their goats, who **appeared to dance** after eating coffee berries. A local monk then made a **drink with coffee berries** and stayed up **ALL NIGHT.**

-Source: policymic.com



In the United States,

80%

OF ADULTS

consume caffeine every day.

-Source: Food and Drug Administration



\$14

The average worker spends \$14 per week on coffee,

\$1,100 annually

-Source: abcnews.com

Americans drink

382 MILLION

cups of coffee per day

-Source: sdsublog.wordpress.com



11% ↑

Drinking caffeine can increase metabolism up to 11%

-Source: kimolsonphoto.com



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