



All e-Train classes are listed in central time zone. Please see below for alternate time zones.

Pacific Time Zone	Mountain Time Zone	Central Time Zone	Eastern Time Zone
10:30 a.m. CT is 8:30 a.m. PT	10:30 a.m. CT is 9:30 a.m. MT	10:30 a.m. CT	10:30 a.m. CT is 11:30 a.m. ET
12:00 p.m. CT is 10:00 a.m. PT	12:00 p.m. CT is 11:00 a.m. MT	12:00 p.m. CT	12:00 p.m. CT is 1:00 p.m. ET
2:00 p.m. CT is 12:00 p.m. PT	2:00 p.m. CT is 1:00 p.m. MT	2:00 p.m. CT	2:00 p.m. CT is 3:00 p.m. ET